

GUIDE TO YOUR LOCAL SHOPS

personal faves only - Liza Simpson Brown

BUTCHER'S 'CAN JUANDÓ'

JUST OVER THE ROAD -
CARRER MIGDIA, 11

'Carnisseria' - 'Entrecot' anyone? Or 'filet de vedella' more your style (the best beef cut). Either way, make a ximixurri (ok, Chimichurri) or buy it from Valvi, boil some potatoes and braise a tomato and some mushrooms...the home made 'croquetas' they sell here will go nicely as well. A pot of ailloli is even easier to find....

FISH SHOP 'FRUTAS DEL MAR' CARRER MALUQUER SALVADOR, 17

*'Peixateria' ('peshateria' pron.)
I think 'just point' is the order of the day, then pan fry. Slathering with olive oil, garlic and parsley (can be bought ready mixed) is optional.*

BANKS AND PHARMACY IN FRONT OF VALVI

That is, just round the block from the apartment. .

SUPERMARKET 'VALVI' CARRER DE JOAN MARAGALL, 33 (ROUND THE BLOCK)

él super' - bit pricey, but the meat is great here and lots of good things. best crisps selection for instance, if you're feeling that way inclined!

FRESH DAIRY SHOP 'GRANJA ARMENGOL'

CARRER JULI GARRETA, 8

Fresh milk, dairy desserts, cheese cakes - you have been warned, this could become a habit.

IRONMONGER'S 'FERRETERIA PUIG'

LOOK OUT THE LIVING
ROOM WINDOW

Expensive and rude often, especially on reception, but if you need that pesky something...any port in a storm!