

# OUT FOR BREAKFAST

personal faves - Liza Simpson Brown

JUST A SMALL  
SELECTION...REALLY YOU ARE  
SPOILT FOR CHOICE

## CAFE MIGDIA

C/ MIGDIA, 20-24

*Old-fashioned cafe-come-tapas bar, been around forever, they have a special offer for 'mini' of the day and a coffee. The coffee could be bigger...also lunch-time 'menus'.*

## SANTAGLORIA CAFE

C/ MIG DIA, 28

*Has an unimagined terrace at the back, great for you smokers who haven't faced the inevitable yet or for those of us looking for a peaceful spot. Not much of a view but hey. Good hot coffee, good selection of pastries and 'minis' (small sandwiches).*

## PASTISSERIA TORNÉS

C/ MIGDIA, 51

*Renowned for cakes and 'minis', posh cake shop, perhaps not for breakfast, but sometime and soon.*

## EL ANGELUS

C/ JULI GARRETA

*Popular office-worker-type cafe (and lunch - they offer half portions of 2 different dishes) - hot but usually busy terrace on the corner, you don't have to go far for a coffee!*

## OASIS CAFE

C/ JULI GARRETA

*Rough and ready, perennially popular with locals, cheap but never cheerful, in possession however of a few irresistible chairs outside for people-watching. No frills but great fresh orange juice or a beer if you are Gironès.*

## GRANJA LA NATA

RONDA SANT ANTONI  
MARIA CLARET, 7

*Popular with local bobbies for some reason, but if you've nothing to hide...popular and pleasant, somewhat cramped but some elements of the lovely milk bar decor of not so long ago remain, shame they updated it. There are a few tables outside if you are already deaf and have asma and are past caring.*

## CARLAMANY HOTEL CAFE

PLAÇA MIQUEL SANTALÓ I  
PAVOR, 1

*2 minutes' walk, the draw here is the air con, the space, slightly less noise. Pricy, attracts tourists and ladies who lunch, but good coffee, orange juice, croissants, sandwiches etc, can't knock it. Don't recommend the lunch so much - depends very much on what you order.*